**Recommended resources for consumers**

**on nutrition/health information:**

* USDA-MyPyramid Resources

<http://mypyramid.gov>

* American Dietetic Association

<http://www.eatright.org/>

* Mayo Clinic-Healthy Living

<http://tiny.cc/mhvza>

* Tufts University Health & Nutrition Letter

<http://tuftshealthletter.com/>

* UC Berkeley Wellness Letter

<http://www.berkeleywellness.com/index.php>

* USDA-Fraud and Nutrition Misinformation

<http://tiny.cc/mym4k>

* UCCE Nutrition Ed Program Facebook page

<http://tiny.cc/0z7cc>

UCCE-Contra Costa County, 1/11

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UCCE-Contra Costa County, 1/11